

A typical week at Shad A-Plus

Date	18-Jul	19-Jul	20-Jul	21-Jul	22-Jul	23-Jul	24-Jul
Time slot	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30-7:00 7:00-7:30	Morning Rec.	Morning Rec.	Morning Rec.	Morning Rec.	Morning Rec.	Morning Rec.	Sleep in
7:30-8:00 8:00-8:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Informal breakfast in
8:30-9:00	Ready for Lecture	Ready for Lecture	Ready for be onboard	Ready for Lecture	Ready for Lecture	Announcements	Kitchen
8:30-9:00	Announcements	Announcements	Announcements	Announcements	Announcements	Get ready & LRT	Free Time
9:00-9:30 9:30-10:00 10:00-10:30	Keynote speaker	STEM Lab		Math Case Study	Accounting Case study		
10:30-11:00	Break	Break		Break	Break		
11:00-11:30 11:30-12:00	Design Time 1.5hr	Design Time 1.5hr		Design Time 1.5hr	Design Time 1.5hr		Design Time
12:00-12:30	Ready for lunch	Ready for lunch		Ready for lunch	Ready for lunch		Ready for Lunch
12:30-1:00 1:00-1:30	Lunch	t immunology Break Community project		Lunch	Lunch	Farmers' Market (community outreach)	Afternoon/Picnic in the Park
	Travel Time			Travel Time	Travel Time		
1:30-2:00 2:00-2:30	Plant immunology			Strategy Speaker	Indigenous speaker		
2:30-3:00	Break			Break	Break		
3:00-3:30 3:30-4:00	Charity Water Project			Indigenous Determinants of Health	Tech speaker		
3:30-4:00							
4:00-4:30 4:30-5:00	Afternoon Sport/Recreation	Afternoon Sport/Recreation		Afternoon Sport/Recreation	Afternoon Sport/Recreation		
5:00-5:30	Ready for Dinner	Ready for Dinner	Ready for Dinner	Ready for Dinner	Ready for Dinner		
5:30-6:00 6:00-6:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:30-7:00	Free time	Free time	Free time	Free time	Free time	Free time	Free time
7:00-7:30 7:30-8:00 8:00-8:30 8:30-9:00	Meet Committees & Committee Time	Committee Time	Committee Time	Design Time - Mentor Panel 2.75hr	Design Time 2.75hr	Committee Time	Committee Time
9:00-9:30	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)
9:30-10:00	House Time	House Time	House Time	House Time	House Time	House Time	House Time
10:00-10:30 10:30-11:00	Snack & Free time	Snack & Free time	Snack & Free time	Snack & Free time	Snack & Free time	Snack & Free time	Snack & Free time
11:00-11:30 11:30-12:00 12:00-6:30	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)

This sample calendar is for illustrative purposes only; program schedules, events, and activities may vary by campus, but all offerings are delivered in accordance with Shad's educational framework.