

# A typical Day at Shad

Date	18-Jul	19-Jul	20-Jul	21-Jul	22-Jul	23-Jul	24-Jul	
Time slot	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:30-7:00	Morning Rec.	Morning Rec.	Morning Rec.	Morning Rec.	Morning Rec.	Morning Rec.	Sleep in	
7:00-7:30								
7:30-8:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Informal breakfast in Kitchen	
8:00-8:30								
8:30-9:00	Ready for Lecture	Ready for Lecture	Ready for be onboard	Ready for Lecture	Ready for Lecture	Announcements	Free Time	
	Announcements	Announcements	Announcements	Announcements	Announcements	Get ready & LRT		
9:00-9:30	Keynote speaker	STEM Lab	Field Trip	Math Case Study	Accounting Case study	Farmers' Market (community outreach)	Design Time	
9:30-10:00								
10:00-10:30	Break	Break		Break	Break			
10:30-11:00								
11:00-11:30	Design Time 1.5hr	Design Time 1.5hr		Design Time 1.5hr	Design Time 1.5hr			
11:30-12:00								
12:00-12:30	Ready for lunch	Ready for lunch		Ready for lunch	Ready for lunch			Ready for Lunch
12:30-1:00	Lunch	Lunch		Lunch	Lunch			Afternoon/Picnic in the Park
1:00-1:30	Travel Time	Travel Time		Travel Time	Travel Time			
1:30-2:00	Plant immunology	Community project		Strategy Speaker	Indigenous speaker			
2:00-2:30								
2:30-3:00	Break		Break	Break				
3:00-3:30	Charity Water Project		Indigenous Determinants of Health	Tech speaker				
3:30-4:00								
4:00-4:30	Afternoon Sport/Recreation		Afternoon Sport/Recreation	Afternoon Sport/Recreation	Afternoon Sport/Recreation			
4:30-5:00								
5:00-5:30	Ready for Dinner	Ready for Dinner	Ready for Dinner	Ready for Dinner	Ready for Dinner			
5:30-6:00	Dinner	Dinner	Dinner	Dinner	Dinner			
6:00-6:30								
6:30-7:00	Free time	Free time	Free time	Free time	Free time	Free time		
7:00-7:30	Meet Committees & Committee Time	Committee Time	Committee Time	Design Time - Mentor Panel 2.75hr	Design Time 2.75hr	Committee Time	Committee Time	
7:30-8:00								
8:00-8:30	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	Shad Speaks (3)	
8:30-9:00								
9:00-9:30	House Time	House Time	House Time	House Time	House Time	House Time		
9:30-10:00								
10:00-10:30	Snack & Free time	Snack & Free time	Snack & Free time	Snack & Free time	Snack & Free time	Snack & Free time		
10:30-11:00								
11:00-11:30	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)	Sleep (Curfew)		
11:30-12:00								
12:00-6:30								