



Journal Prompts

You can use these journal prompts alone or with our videos to spark reflection in your students. Of course, you can also adapt or adopt them for other purposes, like a class discussion or debate.

Innovation and Entrepreneurship

- What comes to mind when you hear the word “innovation”? How would you describe that idea to someone else?
- What comes to mind when you hear the word “entrepreneurship”? How would you describe that idea to someone else?
- Which of the following skills or dispositions is the most important when innovating: Creativity, empathy, resilience, or confidence? What makes it the most important?
- What’s something you haven’t done before that you want to try?

Changes and Challenges

- What does being a “change maker” mean to you?
What is a challenge or problem in your community that you want to solve? How might you go about solving that challenge or problem?

Careers and Pathways

- Everyone has a *thing* – something they are really good at, that other people admire. Maybe it’s being able to remember all the details of your favourite video game, or maybe it’s building the best campfire. What’s your thing, and how might it relate to a career path? Which career paths are you interested in? What kind of advice or support would be helpful to you?
- STEAM stands for Science, Technology, Engineering, Arts, and Math. What STEAM field interests you the most? What is it about that field that is interesting to you?
- Can you think of a career that requires more than one letter of STEAM?





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Curriculum Connections

AB/NWT: Career and Life Management (General Outcome 3: Career and Life Choices - Students will develop and apply processes for managing personal, lifelong career development)

BC/YK: Career Education 10-12 (Career-Life Connections, Experience Competency)

MB: Grade 10 Career Development: Life/Work Planning (2.D.2 Identify how interests, knowledge, skills, values, and attitudes relate to work)

NB: Personal Development and Career Planning 9-10 (Outcome 3.5: By the end of grade 10, students will be expected to develop a personal career plan incorporating knowledge of self, decision making, and the world of work) and Personal Development and Career Planning 11-12 (Outcome 3.2: By the end of grade 12, students will be expected to apply effective decision-making strategies that incorporate an awareness of what is personally important and what labour market options are available)

NL: Career Education 2202 (GCO 5: Life/work information - Students will be expected to effectively locate, evaluate, interpret, and use life/work information)

NS: Life/Work Transitions 10 (Students will be expected to: 1.2 identify the knowledge, academic and work skills, attitudes, and external assets that can help achieve life/work goals)

NU: Aulajaaqtut: wellness and safety; physical, social, emotional and cultural wellness; goal setting; volunteerism; survival – *note: this resource is not a Nunavut-approved curriculum or teaching resource*

ON: Designing Your Future, Grade 11 (Personal Knowledge and Management Skills: Self-Knowledge; Interpersonal Knowledge and Skills: Connecting With the Community)

PE: Career Exploration and Opportunities CEO401A (Learners are expected to explore their career development through self-discovery)

QC: Secondaire, 2e cycle > Domaine du développement professionnel > Exploration de la formation professionnelle/ Exploration of Vocational Training (COMPÉTENCE 1 : Exploiter différentes ressources d'information scolaire et professionnelle; Competency 1 : Consults different sources of academic and career information)

SK: Life Transitions 20, 30 (Explore and interpret the world using various literacies)